Colorado Association for Play Therapy

www.coloradoapt.org

CAPT News

CAPT's Fall Conference will be September 17th and 18th.

Entitled **"Using Play Therapy for Healing from Trauma and Promoting Healthy Attachment"** its focus is helping children whose unresolved trauma interferes with attachment and then fostering healthy attachment, based upon the ARC Model and the ADOPTS Therapeutic Program. (See below for details)

Evidence proves this model helps struggling children and families; and therapists, agencies, and Human Resource workers can adapt it to meet the needs of their own clients.
   *evidence-based
   *time-limited
   *incorporates the latest brain research
   *yields measurable outcomes
   *offers approaches for individual, family and group settings
   *loaded with practical, hands-on Play Therapy techniques

Date, Times, Location, How to Register (*Join Now and Save!*)

Sept 17th and 18th (Fri and Sat); 8:00 a.m.–4:15 p.m.
First Plymouth Congregational Church
3501 South Colorado Boulevard, Englewood, CO 80113-4211
Ph. 303.762.0616

To Register: Go to CAPT website – www.ColoradoAPT.org
Download brochure, complete the registration, send with check made out to CAPT to P.O. Box 270471, Ft. Collins, CO 80527

NOTICE: If you sign up for this workshop and also become a NEW member of APT and CAPT by paying $110 dues to a4pt, you will receive a $30 rebate from CAPT as soon as APT confirms your membership.

> CAPT News exists to promote educational services to professionals in the field of play therapy.

It's time again for CAPT members to vote. Look for your ballot via USMail, and be sure to mail or fax your vote before the end of July.

CAPT's Garage Sale!

Got some extra **playroom toys, books or games** you'd like to donate? Need a few things for your playroom or waiting area? Bring your toys to donate with you on Friday the 17th. Shop on Saturday morning before the workshop starts and during the breaks. Proceeds to help CAPT.

CAPT Board of Directors

There have been recent changes to the CAPT Board, to find out more **click here**

CAPT's Fall Presentation is backed by two major bodies of research...

...the **ARC Model** and the **ADOPTS Program** both support this presentation.

1) The ARC Model was developed, incorporating the latest brain research, by the team at The Trauma Center in Brookline, MA (Bessel van der Kolk, MD; Medical Director). Guildford Press just published (March, 2010) *Treating Traumatic Stress in Children and Adolescents: How to Foster Resilience through Attachment, Self-Regulation, and Competency* (ISBN 978-1-60623-625-3), by Margaret E. Blaustein and Kristine M. Kinniburgh, developer of the ARC Model. A shorter summary of the ARC model, by the same authors, can be found in the **Psychiatric Annals** for May, 2005, pages 424-430. [This project was funded, in part, by the National Child Traumatic Stress Network initiative administered by the Substance Abuse and Mental Health Services Administration (SAMSHA).]

2) Bethany Christian Services, with a grant from the U.S. Department of Health and Human Services, adapted the ARC Model to serve the needs of their agency and named it the **ADOPTS Therapeutic Program.** Bethany, an adoption agency with branches in many cities of America, has used this structured, time-limited protocol since 2004. Assessments of clients conducted prior to starting the program, immediately after, and 12 months later demonstrate that this therapeutic program helps large numbers of children and families. Bethany publishes success rates ranging between 88% and 100% for specific goals. **Our presenters, Amy Brace and Rachel Kowatch, are part of the team that developed and administers the ADOPTS model for Bethany.** Ms. Brace, LMSW, ACSW is the therapist/supervisor for the Family Counseling Center at the Grand Rapids branch of Bethany Christian Services, and President of the Michigan Association for Play Therapy. Rachel Kowatch, LMSW, is the Coordinator for the Bethany Christian Services ADOPTS program. Both have extensive experience as presenters. Learn More