

Colorado Association for Play Therapy Newsbreak

July 2016



MARK YOUR CALENDARS!!

September 16-17, 2016

In less than two months we'll be learning all about **Autism and other Neurodevelopmental Disorders!**

CAPT looks forward to hosting **Robert Grant, Ed.D** at our Fall Conference in Colorado Springs



Save the date:

Spring Conference with keynote speaker Jeff Ashby, PhD in February 2017!!



A Better Breakfast Can Boost A Child's Brainpower

All kids need steady blood sugar in order to learn effectively, and because of the nature of gifted children's intensities and brain development, they can be even more sensitive to fluctuations. Do you have your food ideas ready for the year? Breakfast, snacks, and lunches in school are important to learn and retain information, and deal with daily stressors and social interactions.

Hear more on this from Morning Edition on NPR, [here](#)



Join us on [Facebook](#) and visit our website to find new articles, tools and tips.

We want to be helpful and supportive. We would love interaction and we love to hear your comments. We are YOUR Colorado Play Therapy Association. Find us at the link below!

<https://www.facebook.com/ColoradoAssociationofPlayTherapy>

<http://www.coloradoapt.org>

Remember to...

- Visit www.coloradoapt.org to get the latest updates and information in play therapy!
- Renew your membership!
- Not a member yet? What are you waiting for? [Become a member now!](#)
- Have concerns, suggestions or feedback? Email us at coloradoapt@gmail.com. We love to hear from you!

Copyright © 2015 Colorado Association for Play Therapy. All rights reserved.

Contact email: Coloradoapt@gmail.com

You are receiving this message because you opted in at www.coloradoapt.org

[Unsubscribe](#)

